

Minor in Exercise Science

Program Requirements

The exercise science minor provides minimum knowledge for careers in the exercise industry. It consists of 17 credit hours including the following courses:

Course	Title	Hours
HS 290	Foundational Human Anatomy and Physiology	5
or BIOL 223	Human Anatomy and Physiology	
EXSC 313	Exercise and Sport Nutrition	3
EXSC 328	Kinesiology	3
EXSC 440	Concepts in the Prescription of Exercise	3
EXSC 490	Physiology of Exercise	3
Total Credit Hours		17

At least 12 credit hours must be taken at WSU. A minimum GPA of 2.000 in the minor courses is required.